

Pensate al meglio ma preparatevi al peggio 2020

29/03/2020

Non sottostimate ciò che sta per arrivare. Pensate al meglio ma preparatevi al peggio.

Don't underestimate what's coming. Think of the best but prepare for the worst.

I would like to suggest that you **also stock up on drugs**. Talk to Paul about it. On my website I put the therapeutic suggestion to start within 24 hours of the onset of symptoms. The suggestions come from two large Italian hospitals.

Make **assessments for food purchases** to be made now, perhaps it is better to buy now and stock up on what does not deteriorate. In the coming months the price of food will go up and it will be difficult to find it.

The supplies will be protected in the village and not in the city. Without the stocks, until you find food and drugs buy what is needed without affecting the stocks, possibly replacing them.

Let us know the quotes before spending, we will do everything to provide. Do not waste and do not put personal interests before the minor beneficiaries ...

Now, please, allow me to advise you to leave Nairobi as soon as possible. Yesterday, the first case of corona virus has been published and the government released the attached regulations. Today, more two cases not connected to the previous one had been found and the government is closing all the schools and ask people to start smart working from their homes starting from tomorrow. For me it means that the cases of corona virus are much more and in very few days you will see the devastating effects. Thinking about the number of persons living in the slums? most probably they will start to loot to find foodstuffs. Take the car and your family to Sololo inside Obbitu Village and keep them all as much as possible isolated from Sololo Town and surroundings. Don't allow to enter Obbitu Village for persons with fever over 37.5 degrees and dry coughing? **ALSO THE PERSONS APPARENTLY IN GOOD HEALTH CAN BE CONTAGIOUS IN BETWEEN 5 DAYS BEFORE THE SYMPTOMS START.** Make your evaluation to possibly remain all isolated inside Obbitu Village, also the watchmen and any other worker. Keep always a distance of at least 1 meter between the persons. Those working in Nairobi will come back to Sololo and even if they seem to be healthy they can be contagious, therefore these persons should remain isolated from the others for at least 14 days. This will not happen and? then it will be a disaster. Prepare yourself taking the chance to stay isolated inside Obbitu Village. It will last some months and then finish? counting a high number of deaths which you can prevent isolating yourself since now.

Please, keep us updated with reports and photographic materials. Greetings, Pino

Thanks Daktari for your mail.and happy to hear from you amid fear of corona virus, thanks for guidance on the same. we are so much updated on the current situation around the world and will look forward to adhere to the set guidelines and government directives.

As much as possible we are trying to sensitize our beneficiaries both at obbitu and HBC on this pandemic and teach them on simple hygiene practice like washing hand and social distance.the day before yesterday We educated Obbitu children on Possible symptoms and protection.

On HBC families and children,Paul and myself we have been sensitizing and providing advise on hygiene practices at Household levels for the whole of this week.

we are all aware of what is Happening around the Glob and as Human being, what we can afford to do is prayer to our Lord to make this pass without more harm,save us all.

We are in self quarantine in obbitu with our children.we have installed hand washing facilities around all houses fro the children and workers.we have further advice our workers like watchmen and house helpers to isolate themselves at home when not in obbitu.

We understand sololians from Nairobi will most likely move their families back home and there is genuine risk coupled with our social lifestyles. We shall stay focused and protect yourselves.

We are more concerted with tour status in Italy. Our prayers are worh you and the family im happy to hear from you, please keep safe we shall remember you in our prayers. i pray we are well self quarantined to protect against Corona virus. our prayer are with you for good health and protection from covid - 19.

im back in Sololo. ,and all is well, Thanks and God bless you all. I m already closed myself in.

WE ARE WAITING FOR LOCK DOWN ALL THE BUS TO BE STOOPED FROM NAIROBI COMING TO SOLOLO
